A Thank You from Don

Every day, you help people build better lives for themselves.

In this issue of Cornerstones, you will see how you have made a difference in the lives of real people. People like Jesus, Rita, Amy, and Vivianna who are now thriving because they were shown compassion and understanding.

These stories remind me just how far generosity goes. In a time when our most marginalized neighbors face life-threatening circumstances, generosity and compassion are the values that matter most.

Thank you for believing in our mission to help those in need through Homes, Health, and Voice. Without you, we would not be able to fight the inequity we see in San Francisco every day.

Together, we are making sure everyone has an opportunity to thrive. Let's keep up the good work!

With gratitude,

Donald S. Falk, CEO

Before your help, Jesus was struggling to survive.

A Mexican immigrant, Jesus came to the U.S. searching for a better life. Instead, he was hit by a train and was left paralyzed. He found himself homeless and unable to find work.

To have one accident prevent you from having a home is devastating. His mental health suffered. Even after finding some shelter, the lack of community and support left him feeling broken. He turned to alcohol and drugs to feel better.

You turned his story around by helping us build his future home, 626 Mission Bay Blvd North.

"Here, I am blessed to have a two-bedroom apartment to share with my mom and dad, which allows me to have the family support system that I need to be able to focus on my goals and recovery," said Jesus.

Because of your compassion, Jesus has the opportunity to change his home environment and focus his energy in a positive direction.

Even more, you have given him the support network he needed.

By donating, you have made it possible for Huyen “Kiki” Vo, one of the onsite social workers at 626 Mission Bay, to guide Jesus to return to school and pursue a career as an architect.

Like you, Jesus wants to give back to his neighbors in San Francisco and beyond.

"Because of the support and safe housing, I’m able to focus on giving back to this beautiful city that has given me a lot," said a thankful Jesus.

You have been critical to Jesus’ story. From the bottom of our hearts at TNDC, we thank you for helping us give hope to people in need.

Please help us make more stories like this possible! Give today by visiting tndc.org/donate.
Thanks to You, Amy is Happier

As Amy grows older, she knows how important it is to stay active physically and mentally. But as a senior, it can be hard for her to do so.

Thankfully, she has you. You have made it possible for us to offer free Healthy Aging activities in Amy’s building, Rosa Parks Apartments!

Amy recently graduated from a twelve-week-long Tai Chi workshop for arthritis and fall prevention. She found the class so convenient and fun that she attended every week, making her one of the 11 participants who earned a certificate!

Ann Xiao, TNDC’s Healthy Aging Steering Committee member, said that all the graduates were very excited about the graduation ceremony. For many, it was their first time wearing a cap and gown!

But the ceremony was only one reason the class was a success for Amy.

“I feel healthier. Exercising is better than not exercising,” said Amy. “I am happier because I exercise and get to talk to other people.”

The Tai Chi workshop is just one of the many Health & Wellness activities you make possible. Because of you, we can offer fun field trips for seniors, cooking demonstrations for kids, fresh produce to Tenderloin residents, and much more!

For Amy, Tai Chi was perfect. The class was a great way to socialize and feel less lonely while building her strength, energy, and balance.

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